

Life in Christ!

Lesson 2: Grade 2

Lesson 2

Jesus the Christ! - Hebrews 9:15

Good News!

"He who eats my flesh and drinks my blood has eternal life and . . . abides in me, and I in him" John 6:54- 56.



"It is the Church that believes first, and so bears, nourishes, and sustains my faith" CCC 168. The Eucharist is "the source and summit of the Christian life". The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch" CCC 1325

Faith -Prayer- Liturgy- Mission



Matthew 26:26-28. 1 Corinthians 11:23-26 John 6:54-56 [Online American Bible Revised Edition](#)

Jesus the Christ, the Catholic church, baptism, the Holy mass, and the summit of our faith- The Holy Eucharist are faith themes of this lesson
Together, with your child, complete the Preparing for Holy Communion Checklist found on page 2 & 3.

Review Vocabulary Words: Christ, Sacraments, Consecration, Blessed Sacrament, Grace, Eucharist, Penance, Reverence, Tabernacle



Reflection

Discuss how Penance (Reconciliation) is important in your lives.

Discuss how your family honors the Holy Eucharist.



Pray & Learn

Pray together! Hail Mary. <https://youtu.be/3K98p1qnznw>

Pray the Glory Be and the Our Father <https://youtu.be/MZPCG5slxhk>

Pray the Act of Contrition. <https://youtu.be/2gW16UtmQYc>



Mission

Attend Mass: Give Worship & Thanks. Pay close attention to the bells at mass. This is when the bread and wine turn into the body and blood of Jesus! Look around at the signs of reverence during the mass.

Create special invitations together for your first Holy Communion to give to family & friends that denote the Real Presence of Jesus in the Eucharist!



"I adore you Jesus, true God, and true man, present in the holy Eucharist, kneeling before you and united in spirit with all the faithful on earth and all the saints in heaven. In gratitude for so great a blessing, I love you with all my heart, for you are worthy of all praise and adoration.

Lord Jesus Christ, may I never offend you with my lack of love. May your Eucharistic presence refresh me in body and soul. Mary, Mother of the Eucharistic Lord, pray for me and obtain for me a greater love for Jesus". Amen.



Resources

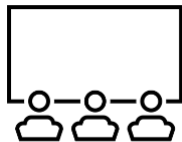
Seven Sacraments. 10 min. <https://youtu.be/ltK6owO9Og4>

Seven sacrament song. 2 min https://youtu.be/OCT_pZhGoaM

Tour of the Church. 10 min. <https://youtu.be/ZfR2Rk7e198>

The Eucharist Song 1 min <https://youtu.be/fZjaBADWaKQ>

Ten Commandment Boogie Song <https://youtu.be/L2hB5Gqo8Vo>



Parent Resources

The Sacrament of the Eucharist as Real Presence. https://youtu.be/sgy_TFelyiM

How to Keep our Kids Catholic. 35 min. <https://youtu.be/wSn-ik7bmeM>

What do we do in Adoration? 5 min. <https://youtu.be/mbyMeNPddBs>



First Holy Communion Preparation

*Dear Parents, Guardians and God Parents,
The sacrament of Holy Communion is a special time of initiation Your role in preparation is significant, and without question, most meaningful to your child. During the next few months your child will be learning about the 10 commandments, first penance, and more on receiving the Holy Eucharist. Let us pray and work together to ensure this is a holy and blessed occasion that draws your child closer to our Lord Jesus Christ!*

- ☐ Help your child learn the following essential prayers:
 - Glory Be
 - Our Father
 - Hail Mary
 - Act of Contrition
- ☐ Review the vocabulary words after each lesson.
- ☐ View and discuss the following videos.
 - My time with Jesus- preparing for First Communion. <https://youtu.be/jCOTVekJxs0> (27MIN)
 - My time with Jesus. The Sacrament of Confession <https://youtu.be/l-lxRIhjBfw> (23 min)
 - View & Discuss My Time with Jesus- Receiving Jesus in Holy Communion (25 min) https://youtu.be/CqEm_V5c7go
 - View & Discuss My time with Jesus – My First Holy Communion (26 min) https://youtu.be/PUV_Uyac5mY
 - View & discuss. How to receive Holy Communion (3 min) <https://youtu.be/fHiRgsVs3dM>
- ☐ Review Examination of Conscience handout with your Child.
- ☐ Study the 10 commandments with your child.
- ☐ View A kid's Guide to Confession. <https://youtu.be/NHSFUIf3fkC>

Expect further guidance and resources for First Penance and Holy Communion